

# Machine learning as a tool for causal inference

Bill Simpson-Young

(Based on the work of Dan Steinberg, Finn Lattimore and others)



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# Overview

- About Gradient Institute (<https://gradientinstitute.org/>)
  - Independent, non-profit research institute
  - Building ethics, accountability and transparency into AI systems
  - Technical research, consulting, teaching and AI system assessment



## 1. Machine learning research:

- Algorithmic decision-making and bias
- Causal inference using machine learning
- Algorithmic fairness
- Generative AI (and containing some of the harms)

## 2. Responsible AI training:

- Technical training (data scientists, software engineers)
- Leader training (people responsible for AI systems, board/exec training)

## 3. AI system/process/practices design and assessment:

- Responsible AI system design
- AI system/process/practices/risk assessment (technical and governance)
- Responsible AI software tool development

## 4. Responsible AI policy:

- Input into federal, state and global AI policy (incl OECD)

# Talk overview

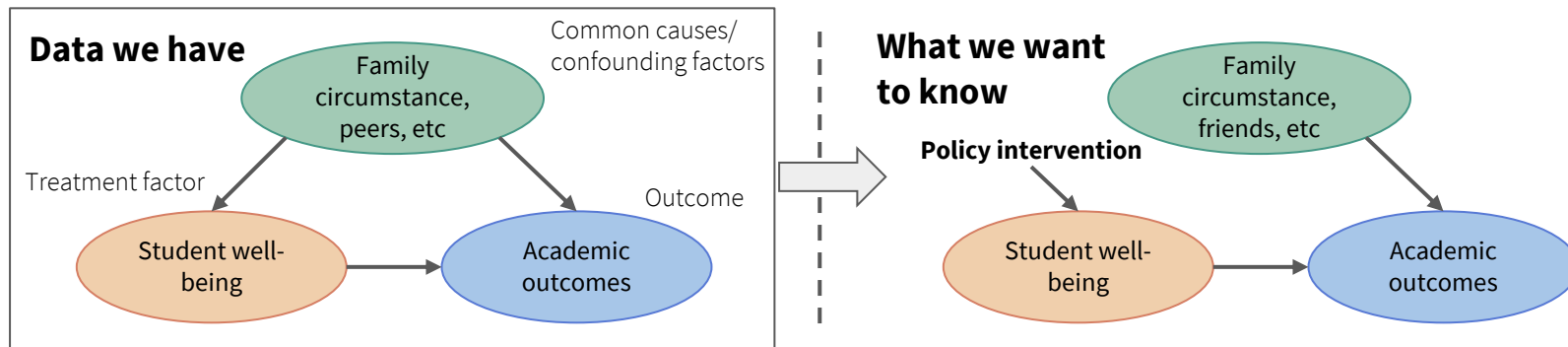
- Using machine learning as a tool for causal inference
- Case studies:
  - student well-being
  - (school leadership)
  - (early childhood care)

# Policy aims to change the world

An aim of policy is (usually) to improve outcomes for people by **changing something** about our society/the world.

We have to take care when using data and models to inform policy:

- the data we have is of the world as it is now
- we want to know how a policy would lead to a **different world**



# Designing policy requires causal inference

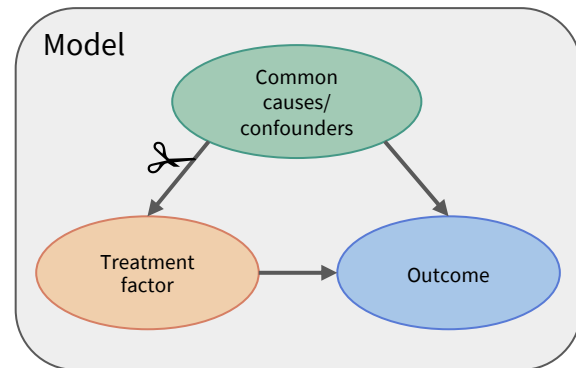
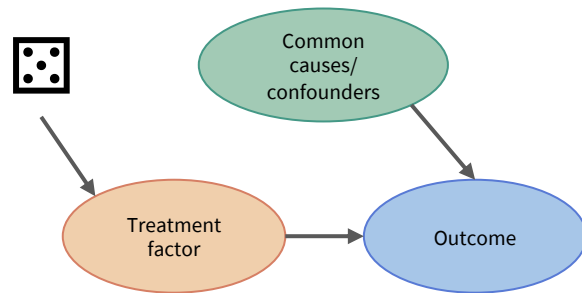
Statistics/prediction (correlation) is no longer enough, we need **causal inference**.

**Experimentation** (randomisation): changes the world

- Removes influence of confounding factors
- But can be expensive/ infeasible/ unethical

**Modelling:** “simulates” changing the world

- But have to **capture all confounding factors** and
- **Model the world accurately**



# Linked datasets can be helpful for modelling

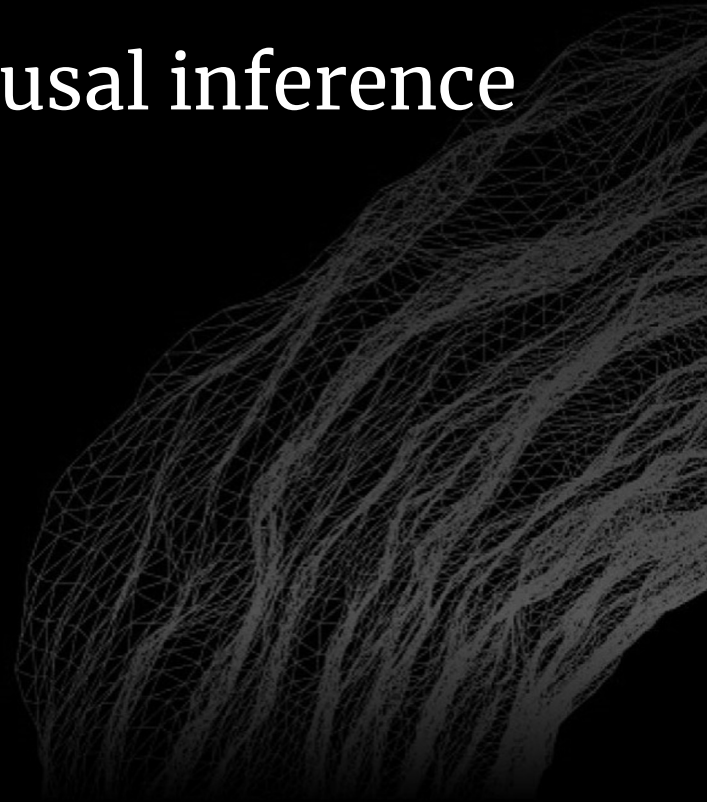
Many, varied datasets are **more likely to contain factors** we need for the modelling approach to succeed.

But with these larger datasets come **new challenges**:

- They contain **complex relationships** - making it hard to construct accurate models
- There are many **related factors** - can make traditional statistical models unhappy

This is where **machine learning** (ML) can help.

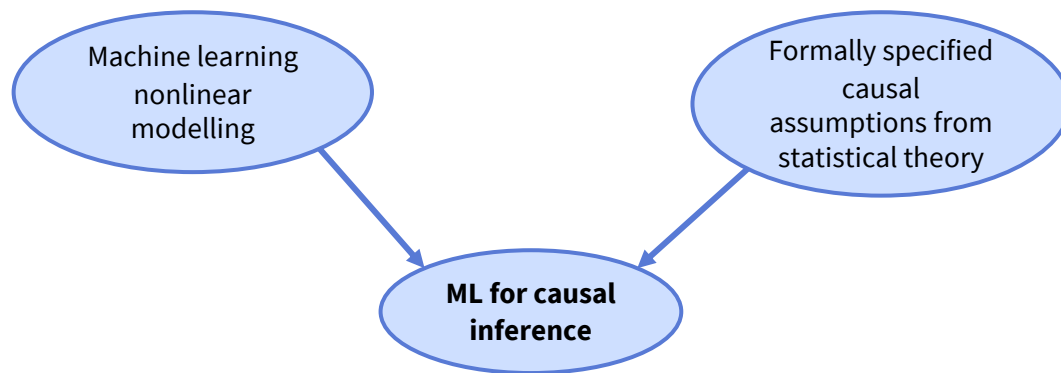
# Why and how: using ML for causal inference





# Where ML adds value

- Econometric/statistical models have typically been used for causal inference
- We are now dealing with **larger** and more **complex** datasets
- **ML designed for discovering relationships in large and complex data**
- But - need to keep formal statistical theory and assumptions



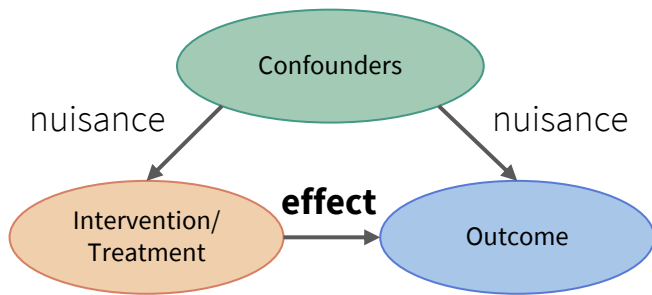
**ML model:** high no. parameters relative to no. samples

**Stat model:** low no. parameters relative to no. samples

# Complex: ML can model complex relationships

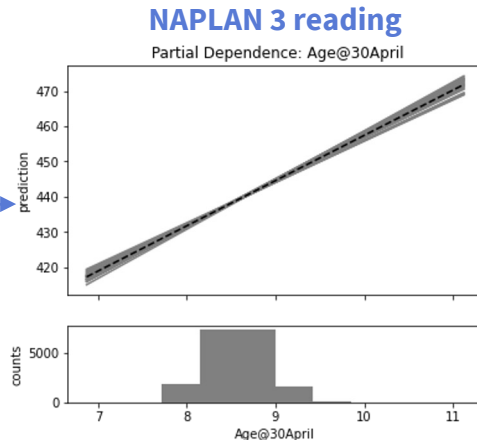
We only care about the **treatment → outcome** relationship

But, have to **model every relationship accurately** to estimate causal effect

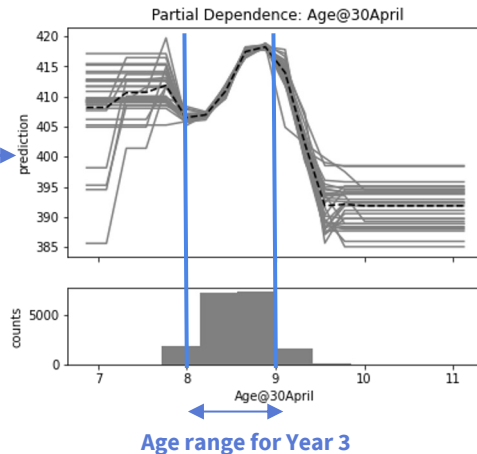


- Let ML take care of nuisance relationships (it's more likely to succeed)
- Carefully model the effect relationship we care about

Linear Regression

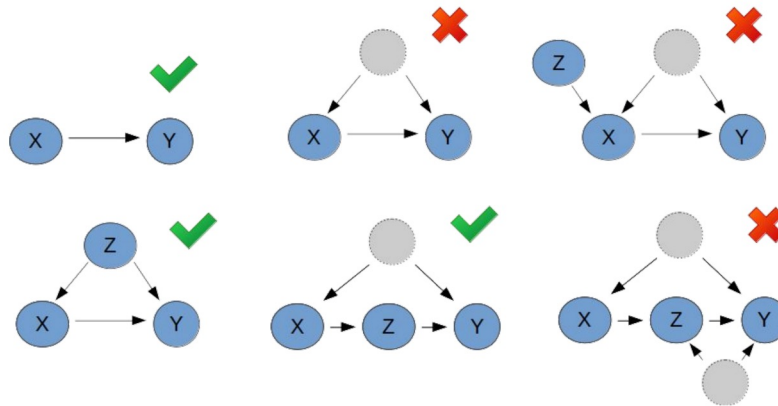


ML model (GBR)



# The typical analysis process

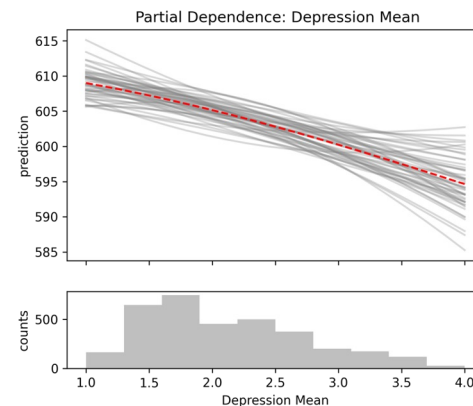
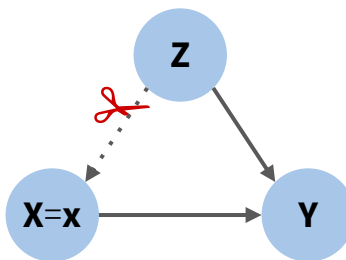
1. Formulate assumptions about causal relationships [1], see if you can **identify** the causal effect



1. Construct a **model** of the system

- Direct Regression
- Doubly Robust
- Double ML

1. Run “**interventions**” on your model - report (visualise) causal effect [2, 3]



[1] Judea Pearl. "Causal inference in statistics: An overview." Statistics Surveys, 3 96-146 2009. <https://doi.org/10.1214/09-SS057>

[2] Cook, T.R., Gupton, G., Modig, Z., Palmer, N.M., 2021. Explaining Machine Learning by Bootstrapping Partial Dependence Functions and Shapley Values. RWP. <https://doi.org/10.18651/RWP2021-12>

[3] Zhao, Q., Hastie, T., 2021. Causal Interpretations of Black-Box Models. Journal of Business & Economic Statistics 39, 272-281. <https://doi.org/10.1080/07350015.2019.1624293>

# Case study



# Data available to us – ACT public schools



## Survey data<sup>1</sup>:

- Student climate
  - Wellbeing
  - School factors
- Staff climate\*
- Parent climate\*



## Administrative data:

- Public school census
- Teacher length of service and employment type\*
- Leadership changes\*
- Casual teacher utilisation\*
- ICSEA\*
- Early childhood care



## Exam data:

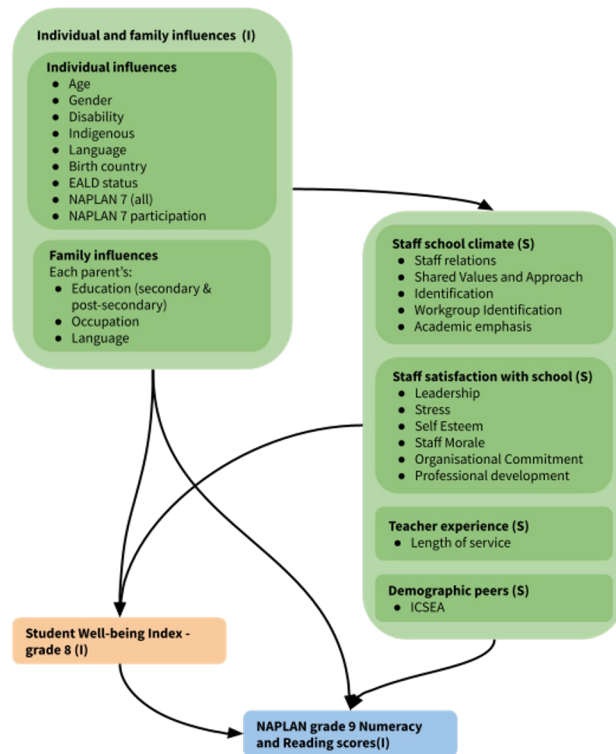
- NAPLAN 3-9
- BASE/PIPS start and end
- HSC ATAR

<sup>1</sup> Reynolds, K.J., Subasic, E., Bromhead, D., & Lee, E. (2017). The school as a group system: School climate, school identity and school outcomes. In K. Mavor, M. J. Platow & B. Bizumic (Eds). The self, social identity and education. London, UK: Psychology Press.

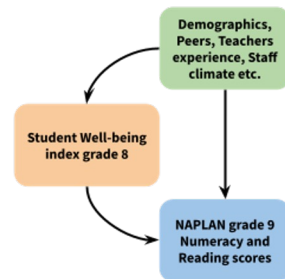
\* These datasets have been aggregated to the school-year level to link with the individual student data

# Case study – student well-being

- Does **self reported well-being affect academic outcomes** (year 7 to 9 NAPLAN)?
- Well-being composed of three survey constructs:
  - Depression
  - Anxiety
  - Positive affect
- Controlling for a large array of individual and school factors
- Relationships were quite complex, but can be simplified
- ~3400 students



Simplified Graph



Confounders/Conditioners

Treatments

Outcomes

(I) - individual level factors  
(S) - school level factors  
(aggregated)

Cárdenas, D., Lattimore, F., Steinberg, D. et al.

**Youth well-being predicts later academic success.**

Scientific Reports 12, 2134 (2022).

<https://doi.org/10.1038/s41598-022-05780-0>

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### Youth well-being predicts later academic success

[Diana Cárdenas](#) , [Finnian Lattimore](#), [Daniel Steinberg](#) & [Katherine J. Reynolds](#)

[Scientific Reports](#) **12**, Article number: 2134 (2022) | [Cite this article](#)

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#### Abstract

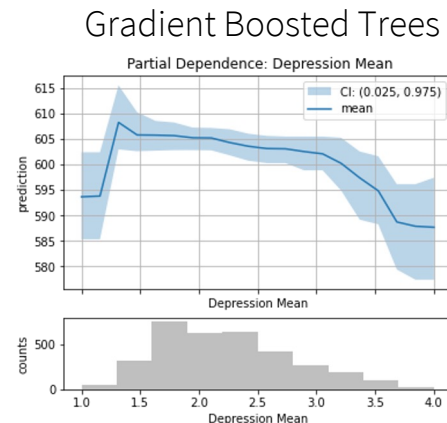
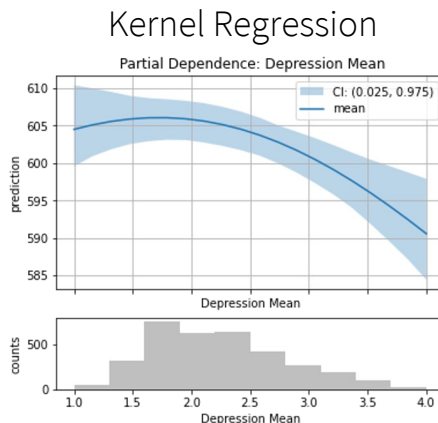
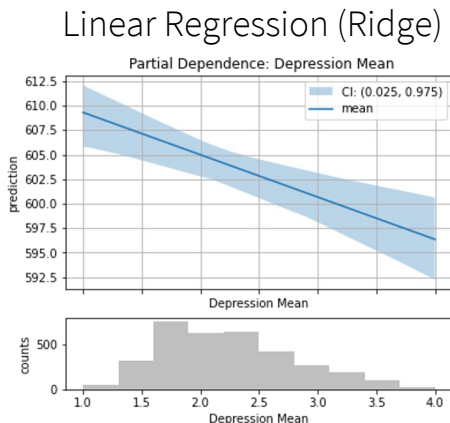
Young people worldwide face new challenges as climate change and complex family structures disrupt societies. These challenges impact on youth's subjective well-being, with evidence of decline across many countries. While the burden of negative well-being on productivity is widely examined amongst adults, its cost among youth remains understudied. The current research comprehensively investigates the relationship between youth subjective well-being and standardized academic test scores. We use highly controlled machine learning models on a moderately-sized high-school student sample ( $N \sim 3400$ ), with a composite subjective well-being index (composed of depression, anxiety and positive affect), to show that students with

# Case study

- **Self-reported depression** gave us the most significant relationship
- 1 std. dev. improvement in depression → 3 additional NAPLAN points (~7% improvement from year 7)
- High agreement amongst models

## Nonlinear treatment models

NAPLAN Numeracy Yr 9



Student self reported depression



## Python:

- EconML (Microsoft Research) - <https://github.com/microsoft/EconML>
- CausalML (Uber) - <https://github.com/uber/causalml>
- *Causal Inspection* (Gradient Institute) - <https://github.com/gradientinstitute/causal-inspection>
- *TwoStageRidge* (Gradient Institute) - <https://github.com/gradientinstitute/twostageridge>
- Accelerated bayesian causal forests - <https://github.com/socket778/XBCF>

## R:

- Generalised random forests - <https://cran.r-project.org/web/packages/grf/>
- bartMachine - <https://cran.r-project.org/web/packages/bartMachine/>
- Bayesian causal forests - <https://github.com/jaredsmurray/bcf>
- Others?

## Books:

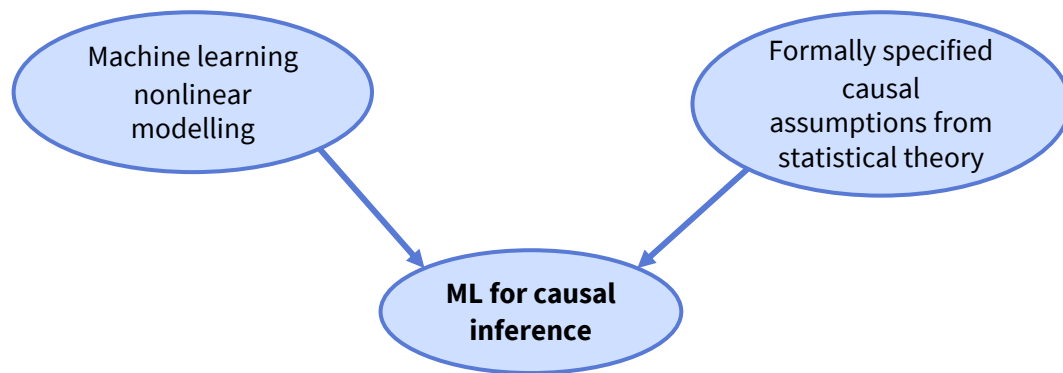
- *Elements of Causal Inference*, Peters et. al. 2017 (ML heavy!)
- *Counterfactuals and causal inference*, Morgan et. al. 2015 (Estimation)
- *Causality*, Pearl 2009 (identification, do calculus)

## Papers:

- DML, DRLearners look at: <https://econml.azurewebsites.net/spec/references.html>
- Interpretation/Intervention
  - Cook et. al. 2021. Explaining Machine Learning by Bootstrapping Partial Dependence Functions and Shapley Values
  - Zhao et.al. 2021. Causal Interpretations of Black-Box Models
- Others
  - Hill, 2011. Bayesian Nonparametric Modeling for Causal Inference.
  - Hahn et. al. 2020. Bayesian Regression Tree Models for Causal Inference: Regularization, Confounding, and Heterogeneous Effects.

# In summary...

- Econometric/statistical models have typically been used for causal inference
- We are now dealing with **larger** and more **complex** linked datasets
- **ML designed for discovering relationships in large and complex data**
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## References:

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- *Causality*, Pearl 2009 (Identification, do calculus)

# Thank you.

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# Large: machine learning can help with control

We have to capture **all confounding factors** to compute a causal effect (\*\*there are exceptions, e.g. IV)

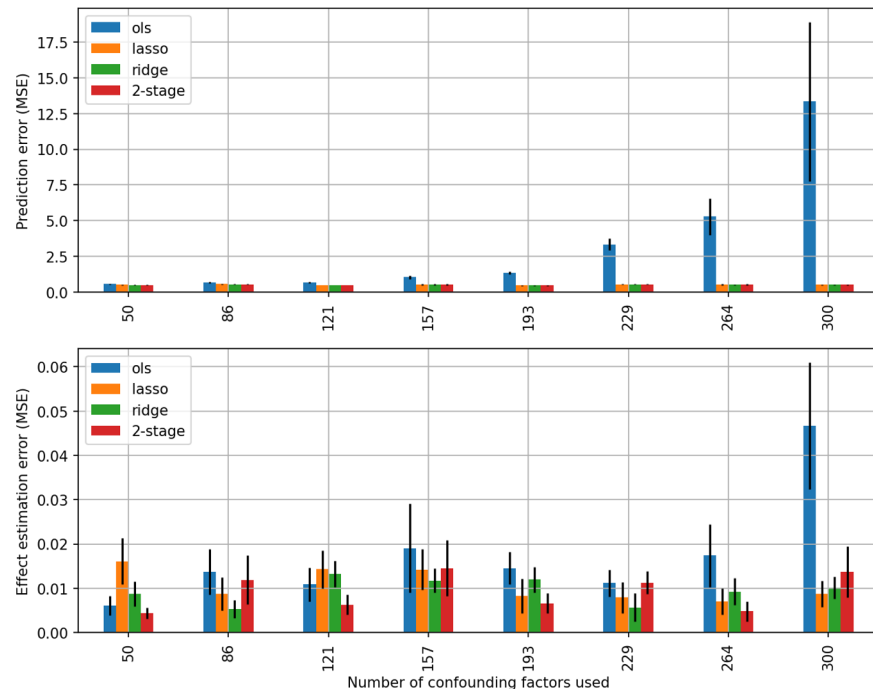
These can be **many** and **highly related** (collinear), statistical methods can have numerical issues

We have a choice:

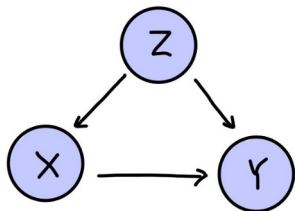
- Select confounding factors** to leave out - potentially making results overconfident (or re-confounding the results)
- Use **machine learning** (regularisation) - potentially biasing results

New specialised ML estimators *also* reduce bias

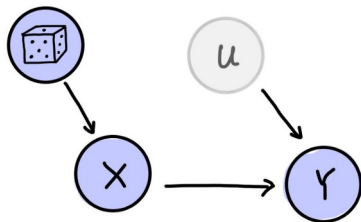
Bias - Variance Tradeoff



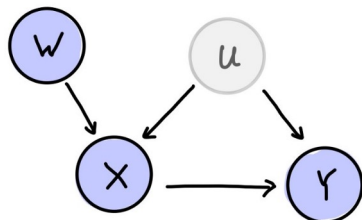
# Three important graphs



**Adjusting for confounders** - Ignorability conditional on Z



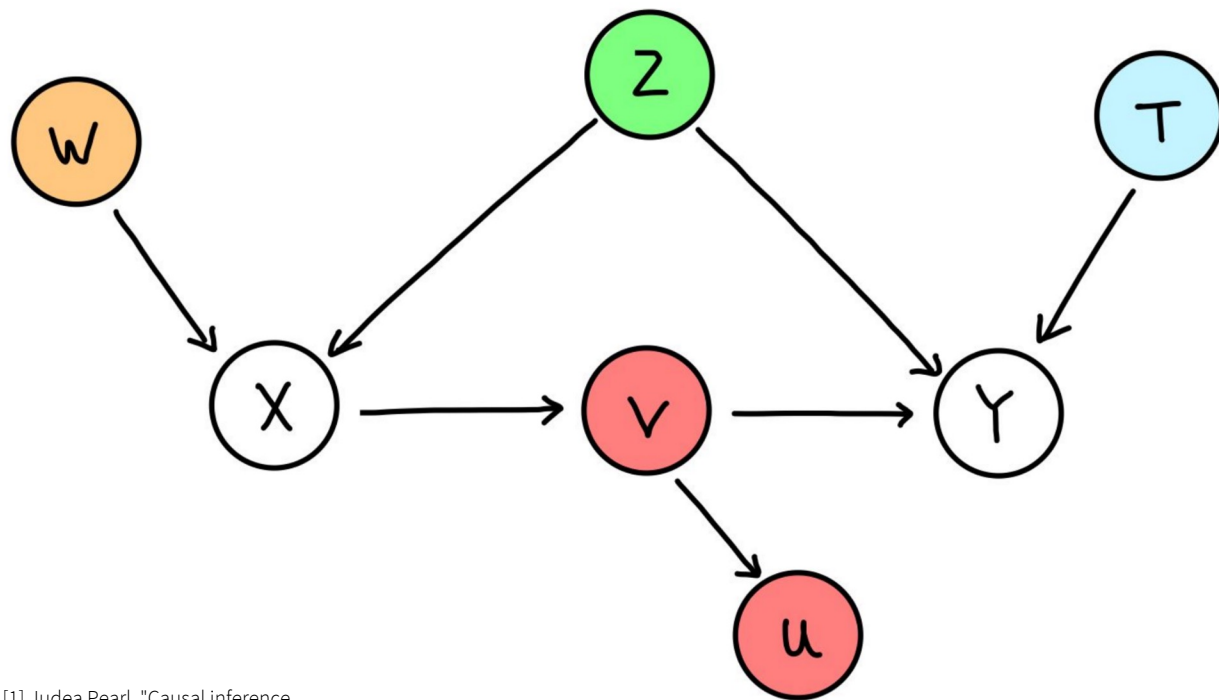
**Randomised experiments**



**Instrumental variables**

**X** - intervention/policy  
**Z** - observed confounder  
**u** - Unobserved confounder  
**Y** - outcomes  
**W** - IV's

# Should we adjust for this variable?



Yes

Probably

Probably not

No

**W** - we should use IV estimation

**V** - we should use front door estimation